



MICAELA MENÁRGUEZ
CURRICULUM

BIRTH DATE: October 17th 1962 married, 4 children.

STUDIES:

- 1985 Pharmacology Degree by the Universidad Complutense of Madrid
- 1998 Doctor in Pharmacy by the Medical Faculty of the University of Murcia. Morfological characterization of different human mucus types using light and scanning electron microscope
- 2000 Masters in Children's Education by the European Institute of Studies in Education. Madrid. Love and sexual Education in the child from 0 to 12 years

ACTIVITIES:

- Member of the Constitutional Assembly of RENAFER, Asociación Española de Profesores de Planificación Familiar Natural (1990)
- 1997 IEEF Conference. Birmingham
- 1999 IEEF Annual Meeting. Paris.
- 2000 IEEF Conference: Natural Family Planning; Future Role and Developments. Milan.
- 2004 International Conference Natural Fertility Regulation and culture of life. Rome.

- Member of the Organising or Scientific Committees of the NFP International Symposiums in La Coruña 1990, Madrid 1996, Tenerife 1998, Barcelona 2004, and Bilbao, 2006.
- 2008 International European Congress on Fertility Awareness-based Methods. Antwerpen.
- Member of the Spanish Academic of Pharmacy “Santa Maria de España” since 2007, with the entrance speech “La fertilidad humana y la transmision de la vida”.
- Member of the Board of RENAFER, at present, PRESIDENT.
- Member of the Board of IEEF since October 2009.

TEACHING ACTIVITY:

- Since 1999 Collaborates as Professor in Bioethics in the Ethics and Bioethics Department of the Catholic University, San Antonio, Murcia
- Since 2011 Director of Maater in Bioethics, Catholic University, San Antonio, Murcia.
- 2001 Teacher of Doctorate Courses: Practical Gynaecology, Biology of the Cervix. Medical Faculty. University of La Coruña.
- 2001 Invited Professor in Cellular Biology. Course on Bioethics. Medical Faculty. University of Murcia.
- 2002 Course on NFP and Ovarian Phisiopathology. Medical Faculty. University of Navarra.
- 1990 to 2003 NFP Teacher.
- Since 2005 Collaborates as Profesor in Sexuality and Human Reproduction. Faculty of Medicine. CEU San Pablo University, Madrid.

INVESTIGATION:

- Member of the investigation group on Cellular Biology of the human cervical mucus. Responsible Prof. Dr. L.M. Pastor. Medical Faculty, University of Murcia.
- Member of the investigation group on Biology of the cervix and identification of human fertility. Responsible Prof. Dr. E. Odeblad. Biophysical Department, Umea University. Sweden.
- Member of the investigation group in Chemical Analitics. Responsible Prof. Coral Barbas. Pharmacy Faculty, University San Pablo CEU, Madrid.

PUBLICATIONS:

- Odeblad, E., The discovery of different types of cervical mucus and the billings ovulation method. Bulletin of the Natural Family Planning Council of Victoria, 21,3, 1994. (Menárguez, M. contribution with SEM).
- Odeblad, E., Menárguez, M., Slettvoll, J., Temprano, H. How to study the cervical secretory system and its role in Natural Family Plannig. Bulletin of the Natural Family Planning Council of Victoria, 23,2, 3-20, 1996.
- M. Rutllant, and other members of RENAFER, Basic Handbook on NFP. Ed. Esin. S.A. Barcelona, 1997, 2nd Edition 2001.
- Menarguez, M., Pastor, L.M. and Odeblad, E. Morphological characterization of different human cervical mucus types using light and scanning electrón microscopy. Human Reproduction. Vol 18, No 9 pp 1782-1789, 2003 (Cover front).
- Menarguez, M. Odeblad, E., Temprano, H. Recent research in cervical secretions: some biophysical aspects. Sveikatos Mokslai Heath Sciences. Vol 21, No, 3 pp 55-60. 2011. Lituania

PAPERS AND REPORTS:

- 1989 “Natural Methods of Fertility Regulation”. V National Congress of the Royal Medicine Academies of Murcia.
- 1994, 1996, 1998, 2004 International Symposiums on NFP. Málaga, Madrid, Tenerife, and Barcelona
- 1997 “Study of different mucus types in different crypts with scanning electron microscopy” Medical Research Parallel Session. IEEF Conference. Birmingham
- 2000 “Study of different mucus types under microscope and some properties of cell secreting mucus Type 6”. IEEF/EIFLE Conference Milán, Italia.

- 2003 “Morphological characterization of different human and cervical mucus types”. International Fertility Conference. Milrand. Southafrica.
- 2006 “Las enzimas cervico-vaginales como indicador de Fertilidad Preovulatoria”. Symposium Internacional sobre Regulación Natural de la Fertilidad, Bilbao.
- 2008 “Lisozyme, a posible parameter to detect ovulation?; Fertility awareness, the missing cornerstone. European Congress on Fertility Awareness-based Methods.
- 2010 “Morphological characterization of different human cervical mucus types using light and scanning electron microscopy”. Pope Paul VI Institute Conference. Omaha. EEUU.
- 2010 “La bioquímica del moco cervical”. IX Symposium Internacional sobre Conocimiento de la fertilidad humana. La Coruña. Spain.

2012 “El amor se aprende” V Jornadas de Bioética. “Bioética en los comienzos del siglo XXI: naturaleza, persona y ciencia”. Universidad Católica San Antonio, Murcia.

- 2013 “La educación de la afectividad de las adolescentes” Congreso de Fapace (Asociación de Padres de Alumnos de Fomento Centro de Enseñanza). Valencia.
- 2013 “La búsqueda de la verdad” III Semana Sefardí. Universidad Católica San Antonio de Murcia.
- 2014: “El factor cervical como indicador de la fertilidad”; Congreso Nacional de Farmacéuticos Católicos. Universidad Francisco de Vitoria.
- 2014: “The condition of cervical crypts depending on women age and style of life”. The 4th International Scientific Conference on Care procreation health. Human Procreation, discoveries and novelties. Fertility awareness, diagnosis and treatment of disorders. Warsaw Medical University.
- 2014: Sesión de microscopio óptico para enseñanza de tipos de secreción cervical. I Taller sobre Fertilidad Humana. Hospital Gregorio Marañón. Madrid.
- 2015: “La importancia de un noviazgo reflexivo”. I Foro de Bioética. Universidad Católica San Antonio de Murcia.