

CURRICULUM VITAE

Lourdes María Durango Fernández de Bulnes

Professional Experience

Jan, 2001 - Currently: University of Navarra Clinical Hospital in Madrid.

Nurse and Instructor at the Natural Family Planning Consulting Unit.

1995 - Currently: Hospital General Universitario Gregorio Marañón (Madrid).

Nurse in the Intensive Care Unit.

Previous experience as Reanimation and Intensive Care Units Nurse, in different periods (1993, 1994 and 1995), at this same Hospital, and at the Air Forces Hospital in Madrid.

Education and Training

- University Degree in Nursing. Nursing, Physiotherapy and Podiatry University School at Universidad Complutense of Madrid. 1990 -1993.
- Qualified Natural Fertility Methods Instructor, Spanish Natural Planning Instructors Association (currently, RENAFAER). Barcelona, November, 2000.

Courses and Congresses:

1. Congress on Menopause. Hospital General Universitario Gregorio Marañón (HGUGM). Madrid. May, 1994.
2. Communication Workshop: *“How to give bad news to a patient”*. HGUGM. Madrid.
3. Course on *“Natural regulation of fertility”*.
4. VII Course on *“Physiopathology of ovulation and natural family planning”*. Obstetrics and Gynaecology Department of the University of Navarra Clinic Hospital. Pamplona, Mayo, 2002.
5. Monographic course on *“Human cervical mucus”*. Madrid. September, 2002. Coordinated by M^a Isabel Valdés, midwife and anthropologist.
6. VII International Symposium on *“Natural regulation of fertility”*. RENAFAER and International University of Catalunya. Barcelona, March, 2004.
7. I Meeting on *“Human Fertility”*. Area 5 Primary Health Care and La Paz University Hospital. Madrid. September, 2005.
8. VIII International Symposium on *“Natural regulation of fertility. Application to reproductive health”*. WOOMB Bilbao. Bilbao. November, 2006.
Lecture on *“Fertility and infertility diagnose in special situations: clinical cases.”*
9. Monographic Session on *“Natural Fertility Methods”*. RENAFAER. Madrid, March, 2007.
10. *“Fertility Workshop”*. (HGUGM). Madrid. October, 2014.
11. Scientific Conference. *“Polycystic Ovary Syndrome and Billings Method”*. WOOMB Spain. Alcala de Henares. October, 2014.

