



**María Isabel Valdés de la Colina**

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<b>DATE AND PLACE OF BIRTH:</b>	June, 4th, 1954
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<b>NATIONALITY:</b>	Spanish

### Education

Certified Health Care Technical Assistant (University of Navarra). 1975.  
 Licensed Midwife Diploma. Midwifery Official School. Santa Cristina Hospital. Madrid 1982.  
 University Diploma in Nursing. (National University for Distant Education). 1985.  
 Bachelor's Degree (University Graduate Level) in Social and Cultural Anthropology. Catholic University of Murcia. 2001.  
 Bachelor's Degree (University Graduate Level) in Nursing. Catholic University of Murcia. 2001.  
 Master's Degree in Bioethics. Rey Juan Carlos University, Madrid. 2008-2009.  
 PhD in Nursing. Rey Juan Carlos University, Madrid. 2012

### Teaching Experience

**Midwifery Official School.** Santa Cristina Hospital. Madrid. 1984 - 1987.  
**Madrid Midwifery Teaching Unit.** Assistant Professor. 1994 - 1997.  
**Assistant Professor.** Alfonso X el Sabio University. Madrid. 2002 - 2011.  
**Midwifery Teacher.** Licenced Primary Health Care Centre. Madrid, 1994 – march 2005.  
**Midwifery Training. Fertility Consultancy.** La Paz University Hospital. April 2005 – march 2006.  
**University of Piura. Peru.** Post-doctoral stay. July - November 2012.

**Member (Speaker) of PhD Evaluation Committee.** University of Navarra. July 2013.

**Assistant Professor. Catholic University of Avila.** October 2013 – currently.

## **NURSING AND MIDWIFERY EXPERIENCE**

**Midwife. Madrid Townhall Health Care Centres.** 1983.

**Midwife. SANTA CRISTINA HOSPITAL.** Madrid. (Ministry of Education and Science.) 1984-1988.

**Midwife. SANTA CRISTINA HOSPITAL.** Madrid. (National Health Institute. Area2) 1988-1994.

**Midwife. Primary Health Care. A-2.** Madrid. National Health Institute-Madrid Health Service.

- Jaime Vera/El Puerto Primary Health Care Centre. Coslada, Madrid. April 1994 - April 20
- Mirasierra Primary Health Care Centre. Madrid. April 2015 – currently.

**Fertility Consulting** (run by midwives.) La Paz Hospital (Part time). April 2005 – march 2006

**Fertility Consulting** (run by midwives.) Santa Cristina Hospital (Part Time). March 2006 - November 2006

**Fertility Consulting** (run by midwives.) A-2 Primary Health Care (Part time). November 2006 – currently.

## **RESEARCH EXPERIENCE**

**Assistant Researcher in Ph.D. Research.** Cellular Biology Department. Medical School. University of Murcia. 1998.

*“Study of types of cervical mucus with Scanning Electronic Microscopy” and “Histochemical and micro analytical study of human cervical mucus”*

**Training Stay, at the Human Reproduction Service of the Teresa Herrera Maternal and Infant Hospital in La Coruña.** (paid leave covered by the National Health Institute.) La Coruña. October/ November 1989.

## **PUBLICATIONS AND SPECIALIZATION**

**25 lectures and communications, in national and international congresses and scientific meetings.**

**2 Monographic Courses:** “Daily Clinical applications of the study of human cervical mucus” 10 hours:

- Salvia Clinic. Madrid, September 2001. (In cooperation with the Epidemiology and Public Health Department of University of Navarra.
- Family Clinic. Seville, May 1999.

**Family Planning/Fertility Seminar (4 hours).** Midwifery Teaching Unit. Madrid November, 1994

**Mother and Infant Care Basic Course for Assistant Nurses.** (32 hours) Health Sciences University School. La Coruña. 1990.

**Mother and Infant Care Post-graduate Course for Nurses.** (32 hours) Nursing School. Huelva 2005.

**Pre-doctoral course clinical session.** University of Navarra. 2006

**Embryology and Obstetrics Pathology Teacher.** Midwifery Teaching Unit. La Paz University Hospital. Madrid. (2 academic years) 1994-1995.

**Cervical Optical Microscopy for Health Care Professionals Workshop.** Renafér Association. Barcelona, December 2002.

**2 Monographic Meetings on Human Fertility:**

- A-5: Primary Health Care. La Paz University Hospital. Madrid, September 2005.
- Renafér Association. Laín Entralgo Agency Headquarters. Madrid, March 2007.

**Master’s Degree in Bioethics Final Dissertation on “Health Education. Fertility and infertility in couple relations.** Rey Juan Carlos University. Alcorcon, Madrid. June 2010.

**Monographic Course on Human Fertility** for Obstetricians. University of Piura. Peru, September 2012.

**Human Fertility Workshop,** for Midwives. Gregorio Marañón University Hospital /DA Southeast SERMAS. Madrid, October 2014.

**Madrid, May 2015**