



Name: Evelyn Cano Giménez

Date of birth: 14th June 1982

Citizenship: Spain

Office Address : Neonatology Unit

Gregorio Marañón University Hospital . Madrid. Spain

Education:

-Degree in Pedagogy. University in Murcia. 2002-2007

-Master's degree in Promotion and Prevention of Infant Development and Early Care focus on children between 0 and 6 years old. University in Murcia. 2008-2010

-Doctorate in Psychology in February 2014. University in Murcia

-Founder "Evelyn methods": consists in reducing stress, anxiety and depression in parents, whose infants are admitted to the NICU immediately after the birth, giving them psychosocial support. 2014

PROFESIONAL EXPERIENCE:

I work with parents whose infants are admitted to the Neonatology Division at a third level university-affiliated hospital in Madrid (Spain). Most of my work consists in detecting and reducing stress, anxiety and depression in parents of infants admitted to the hospital due to any kind of disease, mostly prematurity. The philosophy of the Division is having a psychologist specialized in newborn's issues to give support to all families of those infants in a close relationship, personal support as well as in groups. The work starts with the pregnant mother at the high risk OB department, and follows after delivery until hospital discharge.

Publication:

Cano Giménez, E. y Sánchez-Luna, M. (2015). Providing parents with individualised support in a neonatal intensive care unit reduced stress, anxiety and depression.

Courses:

-Breastfeeding, June 2014. Gregorio Marañón University Hospital. Madrid. Spain

-Neurodevelopment centered care in the preterm (2,1 credits) . Madrid, 20 January 2012

-Family Centered care. Importance of parental involvement (1 credit in each edition). Madrid, 21. Gregorio Marañón University Hospital . Madrid. Spain