



## **CHIARA BENEDETTO, MD, PhD, FCNGOF, FRCOG**

- *Full Professor* of Gynaecology and Obstetrics, University of Torino, Italy (since 2001)
- *Head*, University Division I of Gynaecology and Obstetrics, S. Anna Hospital of Torino (since 1997)
- *Immediate Past President* of the European Board and College of Obstetrics and Gynaecology (EBCOG)
- *Secretary* of the Surgical Group of the Union Européenne des Medicines Specialistes (since 2014)

### ACADEMIC TENURES

- 2007-2012: *Chairman*, Department of Gynaecology and Obstetrics, University of Torino
- Since 2009: *President*, School of Nursing and Obstetric Sciences
- Since 2011: *Director*, School of Specialization in Gynaecology and Obstetrics, University of Torino
- Since 2011: *Director*, Master in Reproductive Medicine and in Vitro Fertilization Techniques
- Since 2013: *Director*, Master in Urogynecology

### APPOINTMENTS in SCIENTIFIC SOCIETIES/BOARDS and COLLEGES

- 1994-1997: *Regional Delegate* for the Italian Society of Perinatal Medicine
- 1997-2000: *Member* of the Board of Directors of the Italian Society of Chronobiology
- 1998-2001: *Member* of the Board of Directors of the Italian Society of Gynaecology and Obstetrics
- 2002-2004: *Vice-President* of the Italian Society of Psychosomatics in OBGYN
- 2000-2005: *Italian Delegate* at the EBCOG
- 2005-2008: *President* of the Italian Society of Psychosomatics in OBGYN
- 2005-2007: *Auditor* of the Italian Society of Gynaecology and Obstetrics
- 2006-2009: *Executive Member* of EBCOG
- Since 2007: *Member* of the Standing Committee of Training and Assessment of the EBCOG
- Since 2009: *Member* of the Working Group on E-learning and Telemedicine of the EBCOG
- 2008-2010: *Member* of the Board of Directors of the Association of the Italian University Gynaecologists
- 2008-2011: *Secretary General* of EBCOG
- 2011-2014: *President* of EBCOG

### FOUNDING MEMBER

- International Society of Gynaecological Endocrinology
- European Society for Gynaecologic and Obstetric Investigation
- Medicine Tailored to the Woman Foundation (MAMD)

### MEMBERSHIP in NATIONAL and INTERNATIONAL ACADEMIES

- Since 2005: Regular Fellow of the *International Academy of Perinatal Medicine*
- Since 2007: Regular Fellow of the *World Academy of Art and Science*
- Since 2011: Regular Fellow of the *Academy of Medicine of Torino*

### HONORARY MEMBERSHIP in INTERNATIONAL SOCIETIES

- Since 2008: Honorary member of the *French National College of Obstetricians and Gynaecologists*
- Since 2013: Member ad Eundem of the *Royal College of Obstetricians and Gynaecologists*

## EDUCATIONAL ACTIVITIES

*Tenured Professor* at the following University Schools/Courses, University of Torino:

School of Medicine and Surgery; School of Specialization in Obstetrics and Gynaecology; School of Specialization in Pediatrics; School for Midwives; Training School for Nurses; School for Children's Nurses; Course for Nursery Assistants and Certificate for Managerial Positions; School of Nursing and Obstetric Sciences; Master in Clinical Methodology for Headache Research and Therapy; Master in Anesthesiology and Intensive Care in Obstetrics; Master in Reproductive Medicine and in vitro Fertilization Techniques (President); Master in Senology for Health Professionals; Master in Urogynaecology (President)

*Visiting Professor* at Cornell University, New York (USA) 2009

## SCIENTIFIC ACTIVITIES

*Author* of: 578 Scientific Publications of which 248 with Impact Factor( total IF 629.31, h-index: 33); 2 Textbooks on Gynaecology and Obstetrics; 2 Monographs on the Hypothalamic-Hypophyseal-Ovarian Axis; 1 Monograph on "An effective communication: counselling in contraception"; 91 Book chapters; 4 Guidelines for the Italian Society of Obstetrics and Gynaecology) ; 19 Informative Booklets for patients;

*Co-editor* of several Books in Obstetrics and Gynaecology;

*Member of the Editorial Board* of several National and International Scientific Journals

*Chair and Speaker* at more than 420 National and International Congresses

*Principal Investigator* in more than 100 Multi-centred studies and Clinical trials

## INTERNATIONAL CONTRIBUTIONS

- In November 2014, under her leadership as President of EBCOG, two documents on the Standards of Care for Women's Health in Europe were drawn up and presented to the European Parliament. These documents are aimed at promoting and improving the quality of OBGYN care across Europe
- Under her Presidency, she began the EBCOG Simulation Consortium aimed at validating simulators in training programs and at promoting and assisting in the broad implementation of simulation-based training in the field of OBGYN in all European countries.
- In 2013 she was invited by ACOG (The American Congress of Obstetrics and Gynaecology) to review the guidelines of their Well Woman Task Force document, where she, as President and representative of EBCOG, gave this document her full support.

### *Specific Contributions to Perinatal Medicine :*

Her main areas of research in Perinatal Medicine have been: hypertension in pregnancy, thrombophilia, factors involved in the onset of labour, maternal and neonatal outcomes by mode of delivery, migraine and pregnancy and amniotic fluid stem-cells.

She started working in the field of Perinatal Medicine at the end of the 1970's, specifically, she began by looking into the pathophysiology of pre-eclampsia with particular reference to the role of prostacyclin, immune complexes, platelet activating factor, nitric oxide, placental proteins and growth factors in the onset of the disease. She and her group developed innovative clinical procedures for the diagnosis, management and treatment of hypertension in pregnancy such as the use of ambulatory 24-hour blood pressure monitoring.

She organised and set up the first Italian Day Service for the follow-up of risk pregnancies and collaborated in the steering committees of Multicentred studies on the prevention of pre-eclampsia. She was part of the steering committee of several Italian National guidelines such as: management of hypertension in pregnancy, renal diseases in pregnancy, management of premature rupture of membranes, induction of labour, control of labour pain.